

# MEN'S GROOMING

## MEN'S TREATMENTS

Brow Wax	15mins	£6.00
Back Wax	30mins	From £18.00
Chest Wax	30mins	£15.00
Back Peel	60mins	£45.00
Back Cleanse	45mins	£30.00
Back Massage	30mins	£20.00
Clearing Facial	45mins	£37.00
Relaxing Facial	45mins	£37.00
Manicure	45mins	£20.00



# SPECIAL PACKAGES

The following packages can be tailored to individual requirements - **just ask!**

**INGLE NEUK FACIAL** 1¼ hrs **£55.00**

This relaxing, signature facial, is adapted to treat any skin type or problem and includes the back, face and scalp.

**INGLE NEUK BODY SIGNATURE TREATMENT** 1¼ hrs **£55.00**

Using skin brushing, exfoliation and massage with pure essential oils to the face, body and scalp.

**HOLIDAY COUNTDOWN** 2hrs **£60.00**

Half leg, under arm and bikini wax, eyelash tint, eyebrow shape and pedicure.

**DIARY DATE** 2¼ hrs **£75.00**

One hour facial, half leg wax, manicure or pedicure.

**RELAXING STRESS CURE** 3hrs **£110.00**

One hour facial, back massage, manicure and pedicure.

**PROM PACKAGE** **£28.00**

Make-up or spray tan, file and polish fingers or toes.

**PROM PACKAGE (PLUS HAIR UP)** **£52.00**

**FLY AWAY** **£28.00**

Spray tan or St. Tropez express, file and polish fingers or toes. (exfoliate yourself prior to treatment)

**GIRLS NIGHT IN** **£47.00**

The ultimate girls night in! Invite three or more friends and choose from the following mini treatments:

½ hr Facial **£20.00**

Minimanicure **£15.00**

Mini Pedicure **£15.00**

½ hr Back Massage **£20.00**

Deposit needed prior to booking treatments.



# WEDDING

## BRIDAL GROOMING

### THE PERFECT BRIDAL PACKAGE

The secret to being a beautiful bride is – a stress free mind. Let Ingle Neuk and Reds help make your day beautiful – in more ways than one. Your own personal groomer will take you in hand way before the big day to ensure that any beauty flash points are dealt with early and on your Wedding Day you are the most beautiful, perfectly groomed you! The countdown begins:

#### 4 Months before the Big Day

Visit Ingle Neuk and Reds – it's time to consult and prep.

#### 3 Months before the Big Day

The first of monthly bespoke facials, regular mani/pedi programme and a hair trim.

#### 2 Months before the Big Day

It is now time to work out the look for the big day and trial variations – hair, makeup and even your tan!

#### 1 Months to go

Relax with an intensive hair treatment for maximum shine on the day.

#### 2 Weeks to go

Time for the final hair cut and colour.

#### 2-5 Days to go

It's the final countdown buffing, mani/pedi, waxing, tidy up.

#### It's the Day before

The final St. Tropez tan for the healthiest of glows.

#### Until – The Day Dawns

It's time for a relaxing massage, final hair and make-up are done, touch up nail colour et voila! Here comes the (beautiful) bride.

### EXAMPLE WEDDING PACKAGE

Before the day: Bridal Make-up Trial, Manicure, Pedicure, Facial, Massage or St. Tropez Tan.

On the Day: Wedding Make-up. **£150**

## INDIVIDUAL PRICES

### MAKE-UP

Wedding Make-up Trial	<b>£30.00</b>
Bride Day Make-up	<b>£25.00</b>
Attendant Make-up	<b>£25.00</b>

### HAIR

Wedding Hair Trial	<b>£30.00</b>
Bride Wedding Day Hair	<b>£25.00</b>
Attendant Hair	<b>£25.00</b>
Flower Girl (under 10)	<b>£15.00</b>

Please add £15 call out for home visits

## GROOMING THE GROOM

And lets not forget the groom – what about some short, sharp grooming!

Facial	60mins	From £45.00
Body Treatments	60mins	£60.00
Man-o-cures	30mins	£20.00
Chest Wax		From £18.00
Back Wax		From £18.00

### THE MOTHER OF THE BRIDE

Why not show her you really do appreciate her with a beautiful wrapped Gift Certificate to say thank you for all her hard work – and it's the perfect gift for Bridesmaids too.

Weddings and parties, pre-wedding grooming, on the day of the wedding in the salon or at your chosen venue.

# NAIL TREATMENTS

Jessica is world renowned for being leaders in all things hands and feet. We recommend that you bring open toe shoes to wear after a pedicure. Jessica nail paint is touch dry within the hour, however we recommend that heat and water are avoided for 2 hours.

## JESSICA PRESCRIPTIVE MINI MANICURE

Nails are not all alike... this treatment manicure analyses and treats each nail individually. Hands are exfoliated, cuticles are conditioned with creams and oils and the nail shape is perfected. Treatment basecoats and your chosen colour are then applied for the perfect finish.

45mins

## JESSICA PRESCRIPTIVE MANICURE WITH THERMAL MITTENS OR PARAFFIN WAX

This luxury manicure includes the Jessica Prescriptive manicure plus the use of thermal mittens. Thermal mittens allow deeper penetration of the oils and creams thus they help to soften cuticles, improve circulation and soothe stiff joints.

60mins

## A DEEP NATURAL EXFOLIATING HAND TREATMENT

Unique anti-ageing treatment to help combat the visible signs of ageing. Age spots, dry, crêpey skin tissue and loss of elasticity are dramatically improved. Hands are cleansed, naturally exfoliated and massaged with vitamin rich cream to repair and renew skin.

60mins

## ZENSPA AROMA PEDICURE

With the option of either Calming Green Tea or Energising Ginger, this is a luxury treatment that delivers softer, smoother legs and feet with perfectly finished toes.

60mins

## ZENSPA DELUX PEDICURE

This is the ZenSpa Pedicure with the addition of thermal heated booties or paraffin wax. These allow deeper penetration of the oils and creams, they help improve circulation and bring relief to stiff joints.

65mins

## DEEP NATURAL EXFOLIATING FOOT TREATMENT

Gives great improvement to one of our most neglected areas. Ideal for dry, cracked and hardened skin. Feet are cleansed, exfoliated and softened with deep nourishing pedi cream.

65mins

Re-Varnish

20mins

Nail Art

15mins



# BODY BOOSTERS

A full range of treatments is available to aid inch loss, the treatment of cellulite and other figure problems. To help you obtain the 'body beautiful' a FREE consultation with one of our therapists will help tailor a programme to suit you.

## PRESSURE THERAPY (LYMPHATIC MASSAGE)

This treatment stimulates the system, encouraging it to eliminate the build up of waste by speeding up the circulation. Benefits include a feeling of 'well being', improved skin tone, inch loss and removal of toxins. For maximum benefit a course of ten treatments taken twice per week will give measurable results. Great for 'heavy legs', varicose veins and in the treatment of cellulite, especially when combined with G5.

30mins

## G5 VIBRATORY MASSAGE

Deep penetrating massage this treatment is very effective in the alleviation of tension in the neck and shoulders as well as being very effective in the treatment of cellulite - the appearance and texture of the skin especially effective when combined with pressure therapy.

30mins

## TRANSION INCH LOSS

This amazing piece of equipment will send messages to your muscles to exercise away inches exactly where you want but without effort. Results can be measured after one 15min session, but for lasting results a course of treatments is necessary.

15mins

## AROMA WRAP

A truly holistic experience - after consultation to ascertain your needs your treatment begins with a salt scrub to exfoliate. This is followed by application of appropriate oils (mask), you will then be cocooned in a heated blanket - after 30 mins the appropriate oils will be massaged in leaving you feeling glowing and healthy. Useful for detox or relaxation.

1hr 15mins

## PRIORI® NATURALLY SLIMMING BODY TREATMENT

A targeted, naturally slimming treatment for the hips, abdomen, thighs and other problem areas. Helps to firm the skin, reduce inches and minimise the appearance of cellulite. When you combine the treatment with prescribed home care and smart lifestyle choices, you'll see revitalised and remodelled skin with a smoother texture.

45mins



# RELAXATION & MASSAGE

## SWEDISH BODY MASSAGE

For thousands of years the ancient art of massage has been used to bring benefits to health and wellbeing. Select one of our traditional techniques or perhaps a more specific customised massage designed especially for your needs. Based on the traditional Swedish technique, this massage is adapted to your needs, whether it is deep and strong or lighter and more relaxing.

60mins

## BACK, NECK AND SHOULDER SWEDISH MASSAGE

Concentrating on the back, neck and shoulders, this massage works on the areas most prone to tension and stress, including a sense of relaxation.

30mins

## AROMATHERAPY FULL BODY MASSAGE

This ancient form of holistic care uses specific essential oils blended to suit your individual needs. Treats numerous physical and psychological problem including face and scalp.

75mins

## AROMATHERAPY BACK MASSAGE

Concentrating on the back, this ancient form of holistic care uses specific essential oils blended to suit your individual needs.

45mins

## HOT STONE THERAPY

Combining stone placement and massage techniques using smooth volcanic basalt stones to melt away stress, tension, aches and pains. Experience the ultimate complete head to toe treatment that you will never forget.

60mins

## HOT STONE BACK

Concentrating on the back, neck and shoulders, this massage is deeply relaxing.

35mins

## SCALP AND SHOULDER MASSAGE

Designed to alleviate stress, this massage concentrates on the scalp and manipulates soft tissue in the shoulders and the neck. The calming movements of the massage assist circulation lymphatic drainage and the removal of toxins.

30mins

## ADVANCED HYDRATING LUNCHTIME BODY TREATMENT

An intensive hydrating treatment that gently but effectively exfoliates the surface, dramatically increasing hydration levels and leaving skin feeling soft and youthful.

30mins

## ADVANCED HYDRATING AND EXFOLIATING BODY TREATMENT

A relaxing yet intensive body treatment that addresses the visible signs of ageing and dehydration. Delivers multi-layer skincare therapy for dehydrated, dry, sun-damaged or devitalised skin. Exfoliates and evens the skin tone while deeply hydrating at the dermal level. Leaves the skin smoother, softer and brighter look and feel.

50mins

## EXFOLIATING BACK

A cleansing, soothing back treatment to treat this hard to reach area includes 20min massage.

30mins



# ESSENTIAL GROOMING

## **PRIORI® – PRESCRIPTIVE EYE TREATMENT**

An incredibly intensive treatment to treat fine lines, loss of firmness and sun damage. Using either PRIORI® CoffeeBerry or advanced AHA or idebenone superceuticals.

30mins

## **EYE TREATMENTS**

From lash extensions to threading or lash perming to just a simple lash tint you can be sure of the best. Please be advised that a skin test must be booked at least 48 hours prior to appointment for tinting and perming.

## **TANNING**

Achieve a wonderful tan with no streaks with either St. Tropez, traditional, express or fake bake spray tan. Please bring dark loose clothing and do not wear deodorant prior to treatment. We advise not to bathe or shower after the tan application for at least six hours.

## **MAKE-UP**

Make-up using Bare Escentual Minerals, so pure you can sleep in it! It's the No.1 Mineral Foundation in the United States that started the frenzy. Millions of women just like you have fallen head-over-heels in love with our bareMinerals SPF 15 Foundation. You'll love the way it looks (100% natural), the way it feels (like nothing's there), but most of all, you'll love how it improves your skin.

Make-up lessons, parties, special occasions or bridal - just ask. See price list for details.

## **NOUVEAU CONTOUR®** perfection in permanent cosmetics

### **SEMI-PERMANENT MAKE-UP (P.O.A)**

Nouveau Contour Permanent Make-up can be used to correct the shape and colour of certain features, in particular the eyebrows and lips. This make-up technique is particularly intended or recommended for

people whose eyebrows are thin or non-existent & who want a pertinent outline; people with poor eyesight, who have difficulty in applying make-up; sports women who do not want to use make-up; people with scars in their eyebrows or who have undergone plastic surgery which has altered the position of their eyebrows; suffers of alopecia; women who are allergic to eyebrow pencils and busy women who cannot afford to spend a lot of time on their make-up.

Christine Darbyshire has over 30 years experience in semi permanent make-up and has appeared on T.V demonstrating the procedure so you can be sure you are in safe hands.

## **WAXING**

This is the removal of superfluous hair and is temporary although the effects will last from 4-6 weeks on the body, 2 weeks on the face. Ideally hair needs to be 1cm long before treatment. No heat treatments to be taken afterwards.

## **THREADING**

An ancient technique of hair removal whereby a single thread is used to loop and grip the hair prior to removal.

## **ELECTROLYSIS**

Apilus is a modern, computer assisted electrolysis treatment that is gentle, effective & comfortable. Make a confidential appointment with Christine to discuss your requirements.

10 mins

15 mins

20 mins



# SPECIALIST SKIN TREATMENTS

## LIFTING C

### NON SURGICAL FACE LIFTING TREATMENT

Achieve a firmer, more youthful complexion with improved skin tone.

Lifting C is a specific treatment that acts on all signs of ageing.

Lifts and tones sagging muscles, smoothing the appearance of wrinkles around the eyes, mouth, forehead, cheeks and neck. Eliminates toxins and retained fluids. Improving circulation. Resulting in a much fresher and youthful appearance.

The results are evident after the first treatment session, a course of ten is recommended to obtain long-lasting results.

60mins

## ELECTRICAL FACIALS

### ULTRADERMIE FACIAL

Excellent facial for deep cleansing and hydrating. A galvanic current is used over the face and décolleté. This enables the products used to penetrate deeper in to the skin, next extraction if needed, then high frequency current to heal and balance the skin, finish with a face/shoulder massage, mask and moisturise.

60mins

### ULTRADERMIE PLUS

All the above plus incorporates concentrated ampoules and a back massage.

90mins

### TEEN ULTRADERMIE

Deep cleansing facial ideal for a teenager's skin.

60mins

## MALE ULTRADERMIE

Tailor-made to treat male skin, includes back massage.

60mins

## ADVANCED ELECTROLYSIS

Combining electrolysis with advanced skin treatments including removal of facial veins, skin tags or warts.

15 mins

30 mins

## SPECIALIST SKIN ENHANCEMENT CLINIC

Held once a month for dermal fillers and muscle relaxing injections all carried out by our trained Doctor/Nurse.

Please see [www.inglenuckbeauty.co.uk](http://www.inglenuckbeauty.co.uk) for current prices.



# SKINCARE

PRIORI•TIZE your skin **PRIORI•TIZE results**

## PRIORI® PROFESSIONAL TREATMENTS

PRIORI® Professional Treatments "jump start" the PRIORI® anti-ageing home care regime, accelerating and maximising the benefits of the products for even faster results. The purpose of these highly effective treatments is twofold: to help your skin look younger almost immediately while taking your results to the next level.

PRIORI® offers a wide range of Professional Treatments for the face and body including localised treatments for the hands, feet and "problem" areas such as the hips, abdomen and thighs. We also offer shorter "lunchtime" treatments that deliver immediate gratification in the form of quick and visible results with no downtime.

## PRIORI® ADVANCED AHA TREATMENT MENU

Delivers extraordinary results:

- Multi-depth skin exfoliation
- Helps revitalise dry, mature and sun-damaged skin
- Ideal for problem prone skin and mature recurring acne
- Stimulates dermal proteins: collagen and elastin fibres
- Minimises fine lines and wrinkles, deeply hydrates and re-texturises

### SKIN RENEWAL PEEL FINE LINES & WRINKLES

A unique treatment to deeply exfoliate skin and increase the skin's natural ability to hold moisture. Skin becomes smoother, firmer, younger looking and brighter. Ideal for mature sun-damaged skin or normal skin that needs a boost.

30mins

### SKIN PERFECTION PEEL ADULT RECURRING ACNE

Designed specifically for problem prone skin to deeply cleanse, exfoliate, freshen, invigorate and clarify the skin. Promotes clearer, softer, more radiant, brighter skin.

30mins

### BARRIER REPAIR PEEL DAMAGED SENSITIVE SKIN

Designed specifically for sensitive or damaged skin that is already compromised. Supplies essential skin nutrients to help fortify and repair damaged skin barrier function. Soothes and hydrates even the most sensitive skin types.

30mins

### REPLENISHING PEEL HYDRATION TREATMENT

A relaxing yet result-focused facial, which stimulates skin hydration from within and promotes a more radiant and youthful and radiant appearance of the skin. Ideal for really dry stressed skin.

30mins

Course of 6 peels - get 1 FREE

### DELUXE ANTI-AGEING TREATMENT ALL SKIN TYPES

A superior boosting treatment incorporating a facial massage with a soothing balm and a replenishing mask to firm, hydrate and exfoliate skin. When you want an intensive and relaxing treatment.

55mins

### COFFEEBERRY® NATURECEUTICALS™

PRIORI CoffeeBerry® Natureceuticals™ will help you look and feel good naturally, with benefits that include tightening, toning and releasing tension. The synergistic effects of detoxification, massage, lifting techniques and increased circulation will leave your skin with a natural lift and smoother lines.



## COFFEEBERRY® NATURECEUTICALS™ TREATMENT MENU

Delivers extraordinary results, naturally:

- Moisturises
- Exfoliates
- Firms and tightens
- Soothes and calms
- Evens pigmentation
- Revitalises dry, mature and sun-damaged skin
- Minimalises the look of lines and wrinkles

### PRIORI•TY FACE

#### LUNCHTIME YOGA FACIAL

Visibly retextures the skin, smoothes fine lines, makes wrinkles less noticeable and leaves the skin hydrated, soft and supple in just 30 minutes.

30mins

#### YOGA TREATMENT

Delivers an anti-ageing treatment combined with a stress-relieving massage to further the lifting and firming results of your skin. Retextures, brightens and leaves the skin hydrated, soft and supple.

50mins

#### RELAXING YOGA TREATMENT

An intense and relaxing anti-ageing treatment for areas that show the signs of ageing most: face, neck, décolletage and hands. This results-oriented treatment will reduce tension and stress levels as well as brighten and even your overall skin tone. Leaves skin feeling firm, lifted, youthful, radiant and you, relaxed and recharged.

75mins

## IDEBENONE SUPERCEUTICALS®

PRIORI® Idebeneone Superceuticals® is the first anti-ageing professional treatments to incorporate the dramatic benefits of Idebeneone, an entirely new and different kind of antioxidant. It targets ageing at its cellular source to provide a level of skin rejuvenation and free radical protection not available with any other non-invasive skincare program.

Brings about an intensive new level of rejuvenation:

- Helps prevent skin ageing at its cellular source
- Minimises the look of fine lines and wrinkles
- Improves uneven skin tone and texture
- Brightens the look of skin
- Reduces the appearance of skin pigmentation
- Offers maximum protection against environmental stress – EPPF® 95

### PRIORI® SUPERCEUTICALS PRESCRIPTIVE PEEL

Choose from anti pigmentation, anti-ageing and advanced anti-ageing peels.

30mins

Course of 6 peels – get 1 FREE

## MD FORMULATIONS

MD formulations isn't just another cosmetic brand. Over 1,000 of Britain's leading skin care beauty specialists use MD formulations as part of their daily routine. MD formulations is a professional, higher strength, glycolic AHA (alpha hydroxyl acid) product range. Only available from trained beauty therapists and medical practitioners.

### GLYCOLIC FACIAL PEEL

Intensely exfoliating facial. Smoothes and refines all skin types including mature, acne, sun damaged and pigmented skin.

45mins

### ADVANCED DEEP AHA BHA PEEL

Intense rejuvenation combining Glycolic and Salicylic Acid with anti-ageing clearing and illuminating intensifiers for specific skin concerns.

45mins

Course of 6 peels – get 1 FREE

### TEEN FACIAL

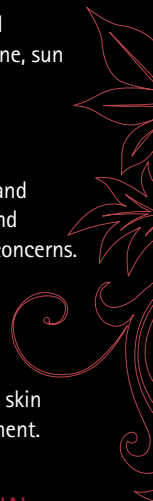
A treatment designed to help clear young skin and to educate and correct skin management.

30mins

### MD FORMULATIONS PRESCRIPTIVE FACIAL

Choose from relaxing treatment for rosacea, dry, ageing or problem skin using products to replace moisture and fight free radical damage

60mins



# INTRODUCTION

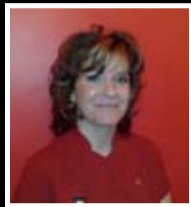


INGLE NEUK  
@REDS

“ Ingle Neuk Beauty Clinic has been established almost 30 years. It's Director Christine Darbyshire has over 30 years experience in the Beauty Therapy industry - an industry she has seen grow significantly in status, technology and specialisms during her roles as Therapist, lecturer and judge. She aims to ensure that the high standards she has learnt over the years are maintained through her choice of products, treatments and therapists. ”



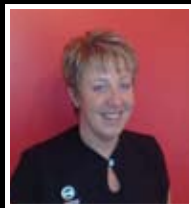
**Christine Darbyshire**  
Director  
Qualified 33 years



**Debbie Horner**  
Senior Therapist  
Qualified 10 years



**Deborah Martin**  
Senior Therapist  
Qualified 13 years



**Anne Marie Ling**  
Senior Therapist  
Qualified 22 years

## OPENING TIMES...

<b>Mon</b>	9.00am - 8.00pm
<b>Tue</b>	9.00am - 7.00pm
<b>Wed</b>	10.00am - 8.00pm
<b>Thur</b>	10.00am - 7.00pm
<b>Fri</b>	10.00am - 5.00pm
<b>Sat</b>	09.30am - 4.00pm

## MAKE AN APPOINTMENT...

1 Church View,  
Lovely Hall Lane,  
Salesbury, Blackburn,  
Lancashire BB1 9HL

**T: 01254 248183**

**E: [ingleneukbeauty@hotmail.co.uk](mailto:ingleneukbeauty@hotmail.co.uk)**

**[www.ingleneukbeauty.co.uk](http://www.ingleneukbeauty.co.uk)**

Please note: 24 hours notice must be given for all cancellations, otherwise 50% of the treatment price will be charged.

Pre-paid courses to be completed within 3 months. A 50% deposit is required for treatments over 90 minutes duration.

The appointment times shown are the full appointment time and not the treatment time.

*Gift Vouchers  
available at all times*

# INTRODUCTION



INGLE NEUK  
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# PRICE LIST

## SKINCARE

PRIORI® Advanced AHA Peels	30mins	£0.00
PRIORI® Deluxe Anti-Ageing Treatment	60mins	£0.00
CoffeeBerry® Lunchtime Yoga Facial	30mins	£0.00
CoffeeBerry® Yoga Treatment	50mins	£0.00
CoffeeBerry® Relaxing Yoga Treatment	75mins	£0.00
PRIORI® Superchemicals Prescription Peel	30mins	£55.00
MD Formulations Glycolic Facial Peel	45mins	£45.00
MD Formulations Advanced Deep AHA BHA Peel	45mins	£50.00
Teen Facial	30mins	£20.00
MD Formulations Prescriptive Facial	60mins	£40.00

## SPECIALIST SKIN TREATMENTS

Non Surgical Face Lifting Treatment	60mins	£32.00
Ultradermic Facial	60mins	£35.00
Ultradermic Plus	90mins	£41.00
Teen Ultradermic	60mins	£25.00
Male Ultradermic	60mins	£39.00
Advanced Electrolysis	15mins	£0.00
Advanced Electrolysis	30mins	£0.00
Dermal Fillers	45mins	POA
Muscle Relaxing Injection	30mins	POA

## ESSENTIAL GROOMING

PRIORI® Prescriptive Eye Treatment	30mins	£20.00
Brow Shape	15mins	£6.50
Eyelash Tint	20mins	£12.00
Eyebrow Tint	15mins	£6.00
Brow Tint & Shape	30mins	£15.00
Lash & Brow Tint	30mins	£18.00
Lash Perm	60mins	£30.00
Threading Brow	20mins	£10.00
Lash Perfect Lash Extensions	90mins	£45.00

### TANNING

Full Body St. Tropez	60mins	£35.00
Express St. Tropez	30mins	£0.00
Spray Tan	15mins	£0.00

### MAKE-UP

Day or Evening	30mins	£20.00
Make-up Lesson	60mins	£30.00
Bridal Make-up		see separate price sheet

### NOUVEAU CONTOUR

### SEMI PERMANENT MAKE-UP

Full Brow	30mins	£0.00
1/2 Brow	60mins	£0.00
Lip	60mins	£0.00
Full Lip	60mins	£0.00
Eyeline	60mins	£0.00
Lash Line	60mins	£0.00
Retouch	60mins	£0.00

### WAXING

Lip or Chin	5mins	£5.00
Lip & Chin	5mins	£8.00
Underarm	10mins	£6.00

Bikini Line	10mins	£7.00
Fashion Bikini	30mins	FROM £15.00
1/2 Leg	15mins	£13.50
Full Leg	30mins	£20.00
Full Leg with Bikini	30mins	£23.00
Men's Back/Chest	30mins	FROM £18.00

### ELECTROLYSIS

Electrolysis	10mins	£10.00
Electrolysis	15mins	£13.00
Electrolysis	20mins	£16.00

### THREADING

Brows	10mins	£10.00
Lips	10mins	£10.00
Full Face	10mins	£18.00

## BODY BOOSTERS

Pressure Therapy	30mins	£20.00
G5 Vibratory Massage	30mins	£20.00
Transion Inch Loss	15mins	£20.00
Aroma Wrap	75mins	£48.00
PRIORI® Naturally Slimming Body Treatment	45mins	£50.00

## RELAXATION & MASSAGE

Swedish Body Wrap	60mins	£35.00
Back, Neck & Shoulder Swedish Massage	30mins	£20.00
Aromatherapy Full Body Massage	75mins	£35.00
Aromatherapy Back Massage	30mins	£25.00
Hot Stone Therapy	60mins	£45.00
Hot Stone Back	30mins	£25.00
Scalp & Shoulder Massage	30mins	£20.00
PRIORI® Advanced Hydrating Lunchtime Body Treatment	30mins	£30.00
PRIORI® Advanced Hydrating & Exfoliating Body Treatment	50mins	£50.00
Exfoliating Back	30mins	£30.00

## NAIL TREATMENT

Polish Only	20mins	£5.00
File & Polish	25mins	£0.00
Mini Manicure	30mins	£0.00
Jessica Prescriptive Mini Manicure	45mins	£16.00
Deep Natural Exfoliating Hand Treatment	60mins	£40.00
Zenspa Aroma Pedicure	60mins	£25.00
Zenspa Deluxe Pedicure	60mins	£30.00
Deep Natural Exfoliating Foot Treatment	65mins	£50.00
Nail Art	15mins	FROM £5.00
Single Diamanté	15mins	£0.50

## NAIL TREATMENT

See separate price sheet

## SPECIAL PACKAGES

See separate price sheet

